PROGRAMME TIMELINE &

2025

15 Sep Application Deadline

Late Sep

Interview

Mid Oct

Result Release

Early Nov Orientation Day Skills Workshop

Dec

Orientation Camp

2026

Year-round Mentorship Programme and University Application Guidance



Academic Exploration Days
Skills Workshops

Mid Mar

Job Shadowing Voluntary Service

Jul -Aug

Closing Ceremony

Sep

Our alumni have received offers from top-notch universities:

- University of Cambridge
- University College London
- Imperial College London
- The University of Edinburgh
- University of California, Berkeley
- The University of Chicago
- Australian National University
- Peking University
- McGill University
- Durham University
- The University of Hong Kong
- The Chinese University of Hong Kong
- The Hong Kong University of Science and Technology

APPLICATION PROCEDURE of

Application is opened from 4 to 15 September, 2025 for all students. Students can complete the **online application form** (see QR code) and submit it with all supporting documents. Applications by email, fax or post will not be accepted.

Shortlisted applicants will be informed, and interviews will take place from early to mid October. The application is free of charge. We may request income proof if you are shortlisted to attend the interview.



OUR TARGET of

We are recruiting a group of students from F.4 and F.5 (2025-2026) with excellent academic performance from an under-resourced background.

Selection Criteria:

- Interview performance
- Academic achievements
- Determination and enthusiasm
- · Family's financial background
- Personal statement

OUR CONTACT of



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BOUNDLESS

EMPOWERING THE ASPIRING

Boundless is a student development programme founded by a group of overseas and local university students in collaboration with **The YMCA** of Hong Kong. In the belief that every single student deserves the opportunity to flourish and realize their potential, Boundless empowers students to pursue their aspirations. Our mission is to run a programme for under-resourced students, incorporating mentorship that facilitates their personal growth, and training that equips them with skills necessary for succeeding in their respective pursuits. We hope that through our programme, students can learn to take self-initiative for their development, be confident in themselves, and openly embrace new experiences.



WHAT YOU WILL EXPERIENCE of

1. MENTORSHIP

Mentees will be paired up with mentors from local universities to form a buddy group. Mentors will provide mentees with advice about university

application, academic advice, subject choices and life planning. We believe young people with like-minds can inspire each other.



2. SKILLS WORKSHOP

Mentees will acquire different skills in our workshops, such as writing a bright CV and delivering concise presentations and interview skills. They will also explore different academic fields in the Academic Exploration Day.





3. JOB SHADOWING

Job shadowing or internship opportunities will be arranged in corporates and NGOs, in which mentees may have a taste of the actual working environment and be able to make more informed decisions on their university subjects.



4. UNIVERSITY APPLICATION SUPPORT

Mentors will provide guidance regarding local university application to mentees. For those who indicate interests in studying overseas, they will be paired up with an additional mentor from overseas universities. We are also partnering with field experts who specialises in advising overseas university applications. Considering mentees' financial constraints, we will introduce scholarship options available and provide our full support throughout the process.

5. SELF-DIRECTED SERVICE PROGRAM

A local service program and/or an overseas service trip will be held during the year. Mentees will decide on the volunteering content by initiating different activities themselves. Through planning, pitching and putting their projects into practice, mentees' will develop sharp leadership skills.



WORDS FROM PREVIOUS MENTEES S

"Job shadowing enabled me to develop a more mature and organised way of thinking, which is invaluable for interacting with people in my potential future workplace."

— Kelly, 8th cohort mentee

"In my Sri Lanka Service Trip, the youth there bestowed me with the beauty of unity by their culture, smiles and dance. I will cherish the unforgettable memories made forever."

— Aaron, 8th cohort mentee



Kick-off Ceremony



Orientation Camp

